

# Influenza Prevention & Control

## Strategies for Early Education & Child Care Providers

This **FREE** online course educates staff who work in Head Start and other early education and child care programs about influenza policies and strategies that help keep children healthy.

Learn How To:

- Discuss the importance of annual seasonal influenza immunization with parents and peers. **VACCINATION IS THE MOST IMPORTANT STEP IN PREVENTING THE FLU.**
- Convey to families and peers that all children six months and older should be vaccinated—especially children younger than 5 years of age, and those with conditions that increase the risk of complications from influenza (eg, children with chronic medical conditions such as asthma, diabetes mellitus, immunosuppression, or neurologic disorders).
- Identify the symptoms of influenza and stop it from spreading.
- Apply the Centers for Disease Control and Prevention (CDC) and American Academy of Pediatrics (AAP) recommendations regarding influenza prevention and control.
- Recognize the role of caregivers/teachers in preventing and controlling the spread of influenza.
- Know the current policies and determine where potential improvements may be needed.



To take this **FREE COURSE** go to: [www.healthychildcare.org/flu.html](http://www.healthychildcare.org/flu.html)

Follow instructions to access the course in PediaLink

### Credit for Child Care Providers

This course is approved for 1.0 contact hour. Upon completion, click the “Claim Your Credit” link on the side navigation bar to print your certificate of completion. Please check with your local licensing/regulatory contact to find out if this will meet your state training hours requirement.

American Academy  
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

**PediaLink**  
The AAP Online Learning Center

This PediaLink course is an educational online training that has been developed by the American Academy of Pediatrics (AAP) through a cooperative agreement (#5U58DD000587-05) with the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the CDC.



# More FREE COURSES for Early Education & Child Care Providers

AAP courses deliver the most up-to-date information to keep the children in your care safe & healthy. To access a course, type in the link below and follow the instructions on how to take the course.

## Reducing the Risk of SIDS in Early Education & Child Care

[www.healthychildcare.org/sids.html](http://www.healthychildcare.org/sids.html)

Anyone who cares for infants can benefit from this course that thoroughly explains Sudden Infant Death Syndrome (SIDS), dispels common misconceptions, and details how to create safe sleep environments that reduce the risk of SIDS and other sleep related deaths. Estimated time is one hour. **\*Credit for Child Care Providers:** This course is approved for 1.0 contact hour. **Available in English and Spanish!**



*This publication was made possible by Grant Number U46MC04436 from the US Department of Health and Human Services (HHS), the Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB), and the Administration for Children and Families (ACF), Office of Child Care, to the AAP.*

## Medication Administration in Early Education & Child Care

[www.healthychildcare.org/HealthyFutures.html](http://www.healthychildcare.org/HealthyFutures.html)

Learn how to safely administer medication to children, and ensure your facility's medication administration practices comply with laws, regulations and best-practices. Estimated time is 2 hours. **\*Credit for Child Care Providers:** This course is approved for 2.0 contact hours. **Available in English and Spanish!**

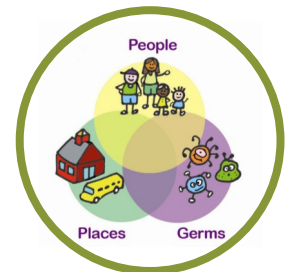


*Medication Administration in Early Education and Child Care is for educational purposes only and is funded through a grant from McNeil Consumer Healthcare, a subsidiary of Johnson & Johnson.*

## Preventing & Managing Infectious Diseases in Early Education & Child Care

[www.healthychildcare.org/HealthyFutures.html](http://www.healthychildcare.org/HealthyFutures.html)

Learn how to prevent and control diseases, the steps involved in conducting daily health checks, and when—and when not—to exclude an ill child from care. Estimated time is 3 hours. **\*Credit for Child Care Providers:** This course is approved for 3.0 contact hours. **Available in English and Spanish!**



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# FREE COURSES FOR EARLY EDUCATION & CHILD CARE PROVIDERS

## Influenza Prevention & Control: Strategies for Early Education & Child Care Providers

[www.healthychildcare.org/flu.html](http://www.healthychildcare.org/flu.html)

Know how to keep the children in your care healthy during flu season. Learn to recognize the symptoms of influenza, how the flu is spread, your role in preventing and controlling the flu, the importance of annual seasonal influenza immunization, and how to discuss vaccination with parents and peers. Estimated time is one hour.

**\*Credit for Child Care Providers:** This course is approved for 1.0 contact hour.

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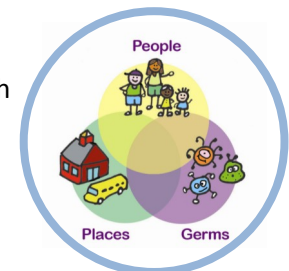
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