

### **Group Activity: Administering Medication to Nick and Maria**

Materials needed: Measuring device, water in cups or containers to serve as “medication,” empty cups, gloves, hand lotion or something to serve as hydrocortisone cream, trash bins to dispose of gloves.

- Divide participants into groups of 2 to 4 people.
  - Each participant should prepare the dose of medication for Nick and “administer” it into an empty cup.
  - The participant should demonstrate the communication techniques that she or he would use.
  - Each participant should administer medication to Maria.
  - The participant should put on gloves.
  - Maria could be another participant, a doll or her- or himself (apply to other arm).
-